

Standard Operating Guidelines (SOG)

OCCUPATIONAL HEALTH & SAFETY

SCOPE

This guideline shall apply to all members of the Stoney Point Fire Department and shall be adhered to by all members.

PURPOSE

To establish the basic procedures of providing for the occupational health and safety of departmental members.

DEFINITIONS

Guideline - a general rule, principle, outline of a policy

Member – any career, volunteer, staff, and auxiliary personnel affiliated with the department

Safety - the condition of being safe from undergoing or causing hurt, injury, or loss

Shall - indicates a mandatory requirement

GUIDELINES

Stoney Point Fire Department members are exposed to many occupational health and safety hazards on a routine basis. Maintaining a safe and healthy workplace is essential to preventing injury or illness to the members of the department. A safe and healthy working environment is essential to efficient department operations. Stoney Point Fire Department and its members shall fully comply with local, state, and federal laws, regulations, guidelines, and policies concerning a safe and healthy workplace. Each member is required to obey all health and safety rules whenever on department property or acting on behalf of Stoney Point Fire Department in any capacity. Supervisors are responsible for ensuring that members know and understand the health and safety rules and enforcing compliance through their example and discipline if needed. All violations of safety rules shall be investigated, corrected, and identify any disciplinary action necessary for those members involved in the infraction.

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General Safety Rules

The following rules apply to routine day to day operations across Stoney Point Fire Department and shall be adhered to by all members:

- Report any accident that results in personal injury or property damage immediately, no matter how minor. Promptly provide first aid as necessary
- Halt any action, condition, or practice that is believed has the potential to cause personal injury or property damage
- Immediately report any unsafe condition, action, or practice to a supervisor for corrective action
- Do not operate any apparatus or equipment that in your opinion is unsafe
- Utilize all proscribed personal protective equipment as directed
 - o Turn Out Gear, SCBA
 - o Eyes, face, hearing, and respiratory protective equipment
- Properly maintain all personal protective equipment
- Be familiar with and obey all departmental rules, government regulations, signs, markings, and safety instructions
- Utilize the appropriate lifting technique whenever participating in any activity that requires any lifting
 - o Bend your knees
 - Keep your back straight
 - o Grasp the load firmly
 - Obtain assistance for loads over 50lbs
- No horseplay, do not distract others while they are performing tasks
- Use the right tools or equipment for the assignment
- Only utilize tools or equipment that you have been trained to use
- Maintain a clean and organized workplace, return tools and equipment to their proper place when finished utilizing them
- Immediately clean up spills to prevent slip accident

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Key Safety Behaviors

Stoney Point Fire Department members shall observe and practice the following list of behaviors in order to maintain a safe and healthy work environment:

- Think before you act
- Evaluate the situation, know the risks and hazards
- Drive defensively
- Operate all vehicles and apparatus with Due Regard for others using the roadway
- Stop at and clear all intersections
- Always wear your seatbelt
- Properly wear the appropriate personal protective equipment
 - o Turn Out Gear, SCBA
 - o Eyes, face, hearing, and respiratory protective equipment
- Utilize self-contained breathing apparatus whenever operating in the vicinity of an immediately dangerous to life and health environment
- Never breath smoke or fumes
- If it is heavy, get help
- Provide lights for the work environment
- Maintain communications with your crew and supervisors
- Maintain crew integrity
- Maintain accountability
- Gain and maintain situational awareness of your surroundings, look, listen, and feel for hazards
- Always maintain an escape route
- No freelancing
- Take care of yourself, take care of everyone else
- Know the plan, be part of the plan, share information
- Pay attention
- Rehabilitation of Firefighters is key on all incidents
- Conduct fire attack with a sensible level of aggressiveness
- Never go beyond your air supply
- No horseplay
- Clean up spills immediately
- Only use tools and equipment that you are trained on
- Use COMMON SENSE!

References

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